

Halachos of Daily Living

Can one satisfy the *minhag* of

consuming dairy food on Shavuos by eating cheesecake after *Kiddush* on Shavuos morning?

The Darchei Teshuva recommends this method to fulfill the *minhag* of eating dairy on Shavuos. However, there is an issue which needs to be dealt with.

The halacha is that one

can fulfill the requirement of *Kiddush b'makom se'udah* (*Kiddush* in the place of one's meal) by eating at least a *k'zayis* of *Mezonos* food following *Kiddush* (see MB 273:21). The problem is that many types of cheesecake have very little flour, and one does not typically consume

a *k'zayis* of the dough or flour part of a slice of such

cheesecake in the requisite period of *k'dei achilas p'ras* –

which according to Rav Moshe Feinstein, *zt"l* would

be under 3 minutes (Igros Moshe 4:41). Thus, cheesecake with minimal dough/flour content would not seem to qualify as sufficient for the amount of *Mezonos* food one would have to eat after *Kiddush*.

Additionally, even though the *bracha rishona* for

cake and pie is *Mezonos*, there is an exception when the flour or dough part of these desserts serves merely to hold the filling or fruit in place and is not intended to provide flavor (OC 208:2). Some cheesecakes are virtually all

cheese, and they have a paper-thin layer of tasteless dough which merely keeps

the cheese in place. This situation would warrant reciting a "*Shehakol*"

and would likely not enable one to fulfill the requirement of *Kiddush b'makom se'udah* (see OC 208:9 and MB *ibid.* #45).

Should one wish to have cheesecake after morning *Kiddush*,

the solution would be to either purchase a cheesecake that has sufficient dough/flour to eat a *k'zayis* worth within the

shiur of *k'dei achilas p'ras*, or to also eat, along with

the *Mezonos* or *Shehakol* cheesecake,

another *Mezonos* food (e.g. cookies, pastry, or cake), making

sure to have a *k'zayis* of the *Mezonos* food

in a period of *k'dei achilas p'ras*, as above.